

# Wild Caught PACIFIC COD

**Great Moisture Content, Excellent Flaking Quality, Economical and Consistent** 









## Platinum PACIFIC COD



SINBAD Platinum Wild Caught Pacific Cod are harvested from the finest raw materials, are naturally preserved and are produced in North America. Pacific Cod is a popular fish with a mild flavor, delicate texture and medium oil content. This is an extremely versatile fish that is an excellent alternative to Halibut and responds well to all cooking methods.

SINBAD products are either wild caught or sustainably farm-raised and is the essential product line for the value priced market.

SINBAD products come from the finest raw materials with exceptional harvesting and processing standards - 100% Net Weight, Accurate Piece Counts, No Folded Bellies or Tails. Our industry best 7-Step Quality Control delivers comprehensive **Process** inspections at every stage of processing.

**CLICK OR SCANTO** CONNECT WITH A TRADEX REP.



| Nutrition Fa Serving size  | cts<br>(113g) |
|--|---------------|
| Amount Per Serving Calories  | 80            |
| % D  | aily Values*  |
| Total Fat 0.5g   | 1%            |
| Saturated Fat 0g   | 0%            |
| Trans Fat 0g   |               |
| Cholesterol 50mg   | 17%           |
| Sodium 60mg  | 3%            |
| Total Carbohydrate 0g  | 0%            |
| Dietary Fiber 0g   | 0%            |
| Total Sugars 0g  |               |
| Includes 0g Added Sugars   | 0%            |
| Protein 17g  | 34%           |
| Vitamin D 1mcg   | 4%            |
| Calcium 9mg  | 0%            |
| Iron 0.2mg   | 2%            |
| Potassium 260mg  | 6%            |
| *The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |               |

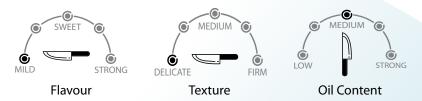
#### **TARGET APPLICATIONS**

- Buffets
- · Center of Plate
- · Staff Meal Solutions

#### **FEATURES & BENEFITS**

- Finest Quality Raw Materials
- Naturally Preserved
- Once Frozen
- 100% Net Weight Guarantee
- A Versatile Value Priced Protein

#### **CULINARY COMPOSITION**



COOKING METHODS Poached Roasted









**FORM SIZES**  **SPECS** 

Fried

**PACK** 

### **MENU IDEAS**



- Pan Seared Cod with Lemon & Butter Fish Tacos
- Pan-Braised Cod with Puttanesca Sauce
- Dark Ale Battered Pacific Cod Fish & Chips

